

Dear parents, carers and families,

The start of a new term is always a good time to remind all children and their families about the importance of good attendance here at school! We all know that it is good common sense that the more children are in school; the more progress with their learning they will make *and* the more opportunities to make strong friendships they will have! We also know that when children are poorly they need to avoid spreading germs and time to get better! It's a tricky balance to get right but please remember we don't want children missing out on all the fun and exciting things we do here all year round! I have attached a reminder of our quick and easy absence chart which shows the impact on attendance percentages over the year...

This week you will have received a curriculum newsletter from the class teachers which tells you all about the learning and the key dates to remember for the spring term. As always, any questions, please just get in touch and ask \odot

As part of our new year resolutions here at school, we are talking about good food choices and a balanced approach to eating, exercise and life! As part of this, we have organised some parent workshops with Sam Hill from the Morecambe Bay Health Team. Sam will be in school on **Thursday 25th January** to talk informally about 'Healthy Snack Hacks' which are designed to help us all plan how to eat well and save more – please see the poster attached for more information! Sam is running two sessions, one at **9.30am** and repeating again at **4.30pm** – we hope it will be useful and enjoyable!

With every good wish,

David Reddy (Headteacher)









